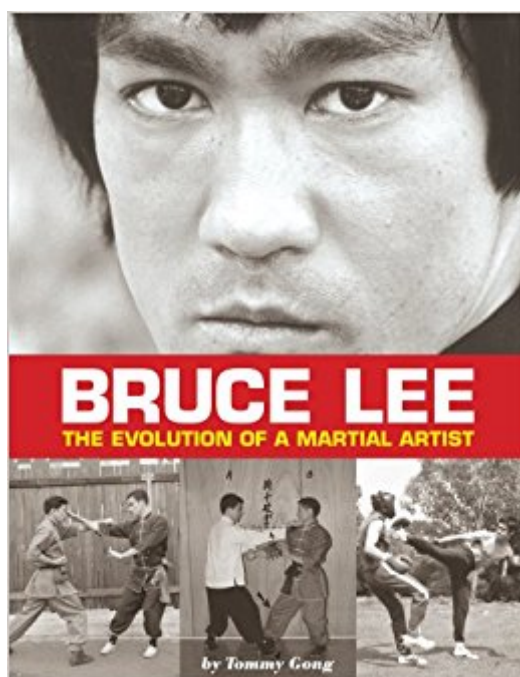


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Bruce Lee: The Evolution Of A Martial Artist



Synopsis

Tracing Bruce Lee's path from wing chun student to jeet kune do founder, this biography chronicles Lee's physical journey from Hong Kong to Seattle to Oakland to Los Angeles and back again to Hong Kong as well as his voyage of self-discovery and actualization. The book draws on numerous conversations with Bruce Lee's childhood classmates, former students, and family friends, offering a unique insight into the life of the legendary martial artist. It also offers a wealth of rare and unique photos, letters, and personal writings courtesy of Lee's wife, Linda Lee Cadwell, and his daughter Shannon. As they learn about his progression in martial arts techniques and training methods, readers will also discover how Bruce Lee's personal philosophy of continuously adapting to the changing conditions of the moment can be applied to life.

Book Information

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Customer Reviews

Tommy Gong is a martial arts instructor with more than 30 years of experience studying and practicing jeet kune do. His instructor, Ted Wong, was among only a few individuals who were certified in jeet kune do by Bruce Lee. Gong is a founding board member of the Jun Fan Jeet Kune Do Nucleus/Bruce Lee Educational Foundation. He lives in Atascadero, California.

Finally, the whole story in chronological order with the changes in fighting philosophy that led to Jeet Kune Do. Very impressed and a must for any Bruce Lee fan.

It's Bruce Lee...what do you expect? New take on his life and very inspirational!

The very best book I've ever read on the subject.

great book i did no a lot of the info already from reading john little's books but there was new insight into his teachings evolution by his former students

Great book , very fast shipping

Great

Great product and great, reliable, fast service from as always!

Thanks

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